

hydraSense®

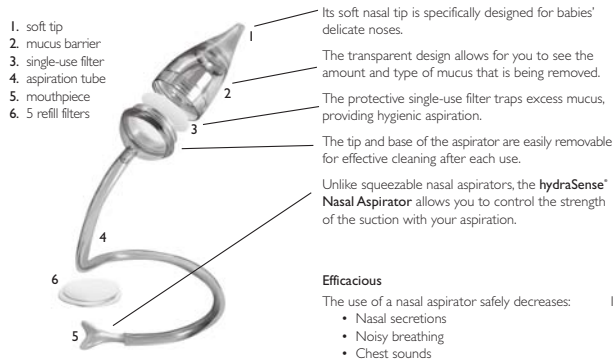
Nasal Aspirator

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The **hydraSense® Nasal Aspirator** and its filters were developed with paediatricians, and are brought to you by **hydraSense®**, the leading brand* in saline for the whole family. The **hydraSense® Nasal Aspirator** is a gentle and safe way to relieve your baby's nasal congestion quickly and effectively. It helps to maintain clear breathing and to facilitate eating and sleeping. It can be used when relief from nasal discharge is desired, even in newborns.

Babies can develop as many as 8 colds per year, and the congestion caused by these infections can lead to poor sleeping and eating, breathing difficulties, excessive crying and sleepless nights for the whole family. And because infants do not know how to blow their nose, impurities such as bacteria, viruses, dust and pollen can build up in nasal mucus and stay trapped. This excess mucus can be eliminated by cleaning the baby's nose daily, which also helps the baby breathe more easily. By removing your baby's excess mucus, you can also help to prevent potential complications such as upper respiratory infections.

The hydraSense® Nasal Aspirator has many features:



hydraSense® Nasal Aspirator products available:

hydraSense® Nasal Aspirator kit:

- 1 nasal aspirator (1 filter chamber; 1 soft tip, 1 tube with 1 mouthpiece)
- 5 single-use filters

hydraSense® Nasal Aspirator PLUS kit:

- All items included in **hydraSense® Nasal Aspirator** kit
- PLUS 5 **hydraSense® Easydose®** vials of 5 mL each

hydraSense® Nasal Aspirator filter refills:

- 30 single-use filters

It also helps:

- Restore nasal breathing and adequate feeding
- Improve the quality of sleep
- Reduce the use of medication

For best results, and to liquefy mucus prior to aspiration, use **hydraSense® Easydose®** or **hydraSense® Ultra-Gentle Mist**, a nasal solution composed of isotonic, undiluted, sterile, 100% natural-source desalinated seawater; **hydraSense®** contains more than 70 trace elements and minerals naturally-occurring in seawater and is preservative free.

hydraSense® Easydose® are individual vials, easy to carry and use anywhere. Their portable format is a simple and convenient alternative to **hydraSense® Ultra-Gentle Mist**, the isotonic **hydraSense®** spray product for family members, active persons and travelers. The single use format prevents the contamination of the product.

How to use the hydraSense® Nasal Aspirator



- Rinse the aspirator with hot water before first use and dry thoroughly.
- Place a clean filter in the filter chamber and reconnect the aspirator.
- Place baby on his back in a stable and comfortable position.
- Place the **Nasal Aspirator** soft tip at the entrance of baby's nostril and inhale through the mouthpiece to gently draw out the mucus. Mucus will be collected in the hygienic filter chamber and cannot pass through the inhalation tube.
- Repeat in the other nostril.
- Gently lift baby to allow any remaining mucus to drain out and gently wipe the child's nostrils.
- After each use, unscrew the aspirator at its base, remove and discard the used filter, rinse the **Nasal Aspirator** with hot water and dry. Do not sterilize or boil the **Nasal Aspirator**.

How to use Easydose® in newborns and infants



If desired, use **hydraSense® Easydose®** or **hydraSense® Ultra-Gentle Mist** to liquefy mucus prior to aspiration.

- Break off one **Easydose®** from the strip and turn the tamper-proof tip to open.
- Lay the child on his back with his head tilted towards the right. Carefully place the tip in the upper nostril, and apply 1 or 2 drops by pressing gently on the dose. Follow the same procedure in the opposite nostril after turning the child's head to the left.
- Use **hydraSense® Nasal Aspirator** to remove excess mucus trapped in nasal cavities.
- Soak a tissue or cotton ball in **hydraSense®** and use it to gently wipe the child's nostrils. Do not reuse vials after opening.

If your child still cannot breathe through his nose, it is recommended to repeat the above steps until desired relief. An average cold can last up to 10 days. If your child's symptoms persist over this period, please consult a Healthcare Professional.

Why choose hydraSense® seawater nasal care?

hydraSense® nasal care also has a line of seawater nasal solutions to help the whole family breathe better.

Comfort from Nasal Symptoms

- Cleanses and relieves excessive mucus accumulation in congested nasal cavities and passages caused by allergies, colds, and ear, nose and throat infections.
- Relieves excessive dryness due to dust or dry air and moisturizes encrusted nostrils.

Clinically Proven Efficacy†

Results from a study showed that children using **hydraSense®** while sick with a cold or flu had:

- Cold symptoms that improved faster
 - Runny nose / stuffy nose / sore throat
 - Less medication use
 - Less nasal decongestants / mucolytics
 - Improved overall health
- After 4 weeks of using **hydraSense®** these children had‡:
- Fewer reported illnesses
 - Fewer school absences
 - Less medication use
 - Less nasal decongestants / mucolytics / medicines for fever
 - Parents felt their children's overall health had improved

100% Natural-Source

- The only nasal care line with 100% undiluted natural-source seawater
- No added preservatives
- Natural combination of more than 70 minerals and trace elements
- Available in isotonic (**hydraSense® Easydose®**, **Ultra-Gentle**, **Gentle**, **Medium** and **Full Stream**) and hypertonic (**hydraSense® Congestion Relief**) formula

Safe & Sterile

- Detachable and washable nasal applicators designed to fit nostrils of all ages
- SteriFlo® dispensing system with a one-way valve ensuring sterility even after repeated use
- Single-use drops **Easydose®** format also offered

Ready & Easy to Use

- No mixing of solution required, can be used at your convenience and as often as desired

A nasal care system for the whole family

Easydose® Vials

Newborns and infants

Nasal drops that cleanse and relieve **excessive mucus** accumulation and **lubricate** delicate nasal passages. Their portable format is a simple and convenient alternative to the isotonic **hydraSense®** spray products for family members, active persons and travelers.



Medium Stream

Adults and children
2 years and older

A regular jet to effectively wash away and relieve **excessive mucus** accumulation caused by **colds, allergies and upper respiratory infections** such as **sinusitis** as well as for nasal hygiene.



Ultra-Gentle Mist

Baby

Ultra-gentle mist that cleanses, relieves **excessive mucus** accumulation caused by **colds, allergies and upper respiratory infections** such as **sinusitis** (inflammation of the sinuses) and **lubricates** delicate nasal passages. Ideal for nasal hygiene.



Full Stream

Adults and children
12 years and older

A strong jet to thoroughly wash away nasal crusting and **excessive secretion** in nasal cavities and passages congested by **allergies, colds and upper respiratory infections** such as **sinusitis**. Also recommended for postoperative care following endonasal surgery.



Gentle Mist

Adults and children
2 years and older

A gentle mist that **cleanses and relieves excessive mucus** accumulation caused by **colds, allergies and upper respiratory infections** such as **sinusitis** as well as relieves **nasal dryness** associated with air conditioning, heating, air travel and for nasal hygiene.



Congestion Relief

Adults and children
6 years and older

A gentle mist made of hypertonic (2.2%) solution that relieves congestion by providing a thorough cleansing of **excessive mucus** accumulation caused by **colds, allergies and upper respiratory infections** such as **sinusitis**.



† Ivo Šlapak, MD; Jana Skoupá, MD; Petr Strnad, MD; Pavel Horník, MD. Efficacy of Isotonic Nasal Wash (Seawater) in the Treatment and Prevention of Rhinitis in Children. *Archives Otolaryngology Head Neck Surgery* 2008;134(1):67-74.
‡ Nielsen MarketTrack: National All Channels - Total Sinus Sprays Saline/Moist, Latest 52 weeks. Period ending on February 14, 2009.

For more information on the **hydraSense®** line of seawater nasal solutions, please visit our website at: www.hydrasense.com